



Enrolled Nurse Section
NEW ZEALAND NURSES ORGANISATION

Greater Auckland Enrolled Nurse Study Day

NAU MAI HAERE MAI

WELCOME

Whakawhanaungatanga

Let's get to know each other, build connections and share our journey.



What is your name?



How long have you been an Enrolled Nurse for?



Where do you work?



What does your role involve/ what responsibilities do you have?



Turuki Healthcare & Te Whare Tapa Wha



Turuki Healthcare Overview

- ▶ Established in 1995 by a group of Māori midwives
- ▶ Now one of the largest Kaupapa Māori providers in Auckland - offering primary health care and social services
- ▶ Focus on Wahine Oranga & Whanau Oranga
- ▶ Our Kaupapa - **Whakamanatia te wahine hei oranga whānau** - Inspiring wahine to raise healthy whānau



Our existing services include:

- a 11,000 patient GP practice, with two clinics – one in [Mangere](#) and one in [Panmure](#)
- rheumatic fever and health services across 20 primary and intermediate schools in the Counties Manukau area
- [on-campus GP services](#) delivered to rangatahi/taiohi at Southern Cross Campus and at Te Waananga o Aotearoa in Mangere
- early childhood education support services
- [Teen Parenting](#) services
- mental health services
- Whānau Ora services and programmes
- a co-located pharmacy (Mangere Clinic)
- a breastfeeding service
- parenting programmes
- [Family Start](#)
- Mama and Pepi (Mothers and Babies) services
- accredited Domestic Violence Programme provider
- GP and Pharmacy services for SERCO, within Kohuora South Auckland Corrections facility.

We also specialise in providing wrap-around services to pre-school aged children/tamariki and their wider whānau members.



ManaKidz

School Based Health Team

- ▶ Mana Kidz is one of the largest providers in NZ of a national rheumatic fever prevention programme
- ▶ Mana Kidz is a free, nurse-led, school-based programme that provides comprehensive healthcare for children in the Counties Manukau Health region. The programme is led by the National Hauora Coalition in partnership with Counties Manukau Health and is supported by local providers - Turuki being one of them
- ▶ Mana Kidz supports tamariki in primary and intermediate schools in South Auckland, providing support to more than **34,000** tamariki across **88** schools
- ▶ The Turuki School Based team currently work within 21 schools around Mangere area
- ▶ Health promotion within school, home settings and within the community
- ▶ Connect with social service agencies and school staff to support children

My role as an Enrolled Nurse in the School Based Health Team

- ▶ At the centre of the Mana Kidz programme is rheumatic fever prevention, but we also provide vision and hearing/ear checks, skin infection treatment and general health assessments and support.
- ▶ Children are given consent forms to be apart of the ManaKidz programme when enrolling.
- ▶ Each school has a nurse and a health worker. The health worker completes class screening, each classroom get screened twice a term. They look for sore throats and any health concerns for the nurse to follow up.
- ▶ The nurse receives referral from the health worker and school staff.
- ▶ The nurse then conducts assessments which can lead to them organizing treatment and providing care or referring further to a team such as Ear clinic, Audiology, Public Health Nurses, Optometrist, Kainga Ora, AWHI, Asthma NZ or GP.

Rheumatic Fever

- In some people, repeated strep infections cause the immune system to react against the tissues of the body including inflaming and scarring the heart valves. This is what is referred to as rheumatic fever. Rheumatic heart disease results then from the inflammation and scarring of heart valves caused by rheumatic fever

Preventing Rheumatic Fever

Rheumatic fever can start with a sore throat caused by Strep A germs (bacteria)

If the Strep throat isn't treated it can cause Rheumatic fever

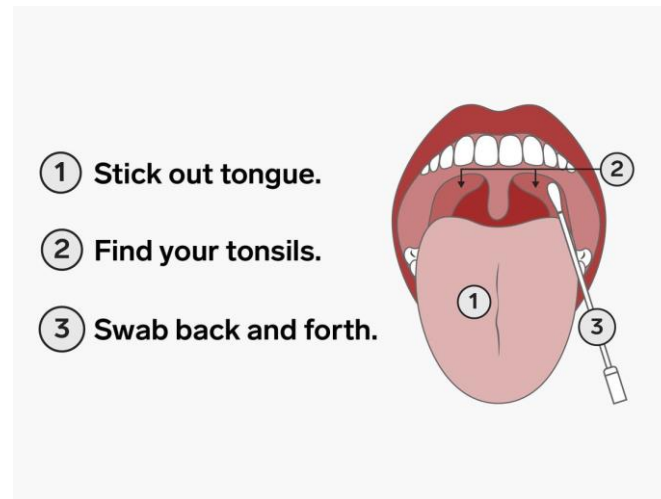
Rheumatic fever can damage your heart (this is called rheumatic heart disease)



Mana Kidz school clinics help treat sore throats to prevent Rheumatic fever

My role as an Enrolled Nurse in the School Based Health Team

- ▶ When assessing a sore throat, we are looking to see if the tonsils are red, swollen or if exudate is present. We then swab and send to Labtest and if the result comes back positive for strep throat, we organise antibiotics or a Bicillin injection. We also organise to swab all whanau within the household if the student has reoccurring positive results.
- ▶ When assessing wounds, we speak to parents/caregivers to gain history and discuss treatment/care. If there is signs of infection, we can also organise antibiotics or ointments/creams
- ▶ We can organise and give students medication under standing orders. We are regulated by a GP who oversees all the standing orders for Manakidz, they provide guidelines for us to work with to ensure we provide the correct treatment for the sign & symptoms presented.
- ▶ We are then audited monthly to ensure we uphold these guidelines.



My role as an Enrolled Nurse in the School Based Health Team

- ▶ Standing orders we can organise
 - A range of antibiotics for skin and throat infections (Mainly Amoxicillin and Cephalexin), fatty cream, loratadine, Crystaderm, Permethrin (Scabies treatment) and Dimethicone (headlice treatment). They are also in the process of adding Paracetamol and Salbutamol.



Supply Request Form

Amoxicillin for the treatment of GAS positive pharyngitis

This form requests and records the use of Practitioner's Supply Order (PSO) medicines ordered by Dr Maree Park and held by the agreed pharmacy

Issuer: Dr Maree Park

NZMC: #64612

Phone: 0800658326

Email: manakidz@nhc.maori.nz

Address: 8 Māhuhu Crescent, Auckland City, Auckland, New Zealand, 1010

Child's Details	Name:		
	NHI:		
	DOB:		
	Telephone number:		
	Address:		
Gas Positive Throat Swab	Date:		
Prescribing Information	Age:	years	Weight: kg
	Other Medications:		
	Allergies:	<input type="checkbox"/> Nil Known	<input type="checkbox"/> Yes-Details
Amoxicillin	Dose (per oral):	<input type="checkbox"/> 750mg OD (<30kg)	<input type="checkbox"/> 1000mg OD (≥30kg)
	Constitution:	<input type="checkbox"/> 250mg/5mls Syrup	<input type="checkbox"/> 250mg Capsules <input type="checkbox"/> 500mg Capsules
	Mitte: 10 days		
Mana Kidz Nurse	Name:		
	Signature:		
Date:	/ /		

Version 7

Alamani Mataupu, Senior Nurse Advisor (ManaKidz)

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Mani@nhc.maori.nz, 0272666027

My role as an Enrolled Nurse in the School Based Health Team

- ▶ Rheumatic Fever Prevention is at the heart of the programme.
- ▶ Provide education to children and whanau about RF, strep throat and the importance of finishing antibiotics
- ▶ Educate by school presentations, clinic visits, newsletters, phone calls, letters and home visits
- ▶ Improving whanau engagement is key to increasing health literacy, which leads to better health outcome for our tamariki.



Fig. 1



Whare Tapa Whā (Four-sided house) health model. (Duke 2004)

Te Whare Tapa Wha

Te Whare Tapa Whā

- ▶ Te Whare Tapa Whā was developed by leading Māori health advocate Sir Mason Durie in 1984. The model describes health and wellbeing as a wharenui/meeting house with four walls.
- ▶ These walls represent taha wairua (spiritual wellbeing), taha hinengaro (mental and emotional wellbeing), taha tinana (physical wellbeing), taha whānau (family and social wellbeing) and Whenua
- ▶ When all these things are in balance, we thrive. When one or more of these is out of balance our wellbeing is impacted.



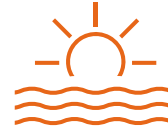
Te Whare Tapa Wha



Taha tinana - Physical well-being, is about body growth, development, and ability to move, and how you care for it. Encourage to nourish and strengthen physical well being



Taha hinengaro - Mental and emotional well-being. Thinking processes, acknowledging and expressing thoughts and feelings and responding constructively to ups and downs in life.



Taha wairua - Spiritual well-being the values and beliefs that determine the way people live, the search for meaning and purpose in life, personal identity and self-awareness. For some it is a faith or religious belief and for others its an internal connection to the universe. There is no right or wrong.



Taha whānau - Social well-being family relationships, friendships, and other interpersonal relationships, feelings, compassion, and caring, and social support. Its about who you care about and who you share your life with

Hauora - is a Māori philosophy of health unique to New Zealand. It encompasses, taha tinana, taha hinengaro, taha whanāu, and taha wairua. Each of these four dimensions of hauora influences and supports the others

Applying Te Whare Tapa Whā

Taha Tinana

- Do you take part in any physical activity/play sport?
- How are you sleeping - when do you go to bed?
- What do you eat at mealtimes? Do you like fruit & vegetables?

Taha Hinengaro

- How do you manage or cope when you feel overwhelmed?
- What do you do when you're feeling down?
- Do you have someone to talk?

Taha Whānau

- Who do you live with at home?
 - Do you have friends in your class?
 - Are you apart of any teams or clubs?
- Who are you close to?

Taha Wairua

- What's important to you?
- What gives you a feeling of belonging ?
- What makes you feel calm?
- What are your goals/aspiration ?

Whenua

- What is your connection to the land?
- Where are you from or living?

WHARE TAPA WHĀ

Taha Wairua
our spiritual wellbeing

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Taha Hinengaro
our mental and emotional wellbeing

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Taha Tinana
our physical health and wellbeing

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Whenua
our connection to land and our roots

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Taha Whānau
our whānau, family and social wellbeing

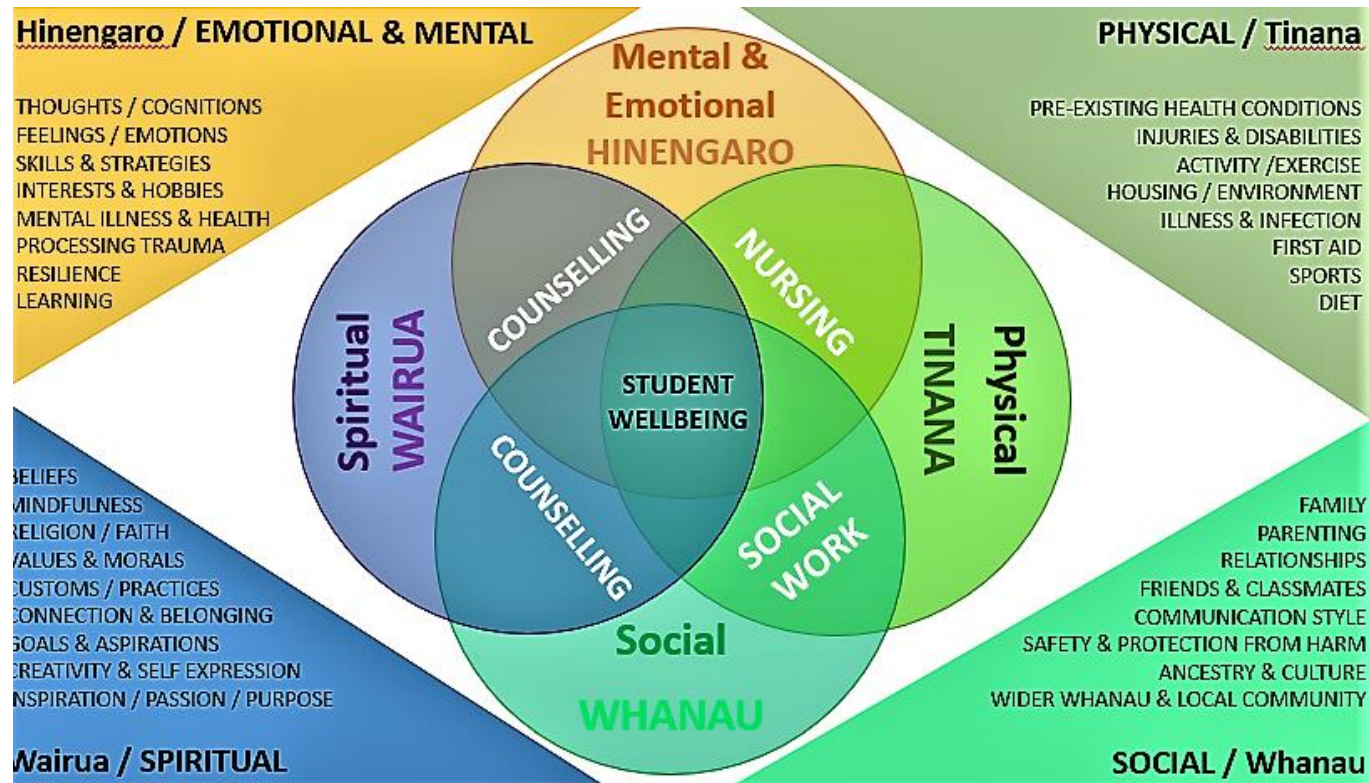
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tākai

tākai.nz

Te Whare Tapa Wha

- Overall, Te Whare Tapa Wha is a valuable tool for promoting a more comprehensive understanding of health and well-being and can be used to support people, whanau and communities. The focus being on the **whole person**



Te Whare Tapa Wha Video

► <https://www.youtube.com/playlist?list=PLWCaeydAlRF5d7G2CVkfyV-RsLpJ9Zbhp>

Thank you – Nga mihi 😊
Any Questions or Comments?



Online
Community

Online Community Growth


- We want EN's to stay connected
- Promote study days and professional development opportunities
- Share job vacancies
- Provide a point of contact to the EN committee for concerns or questions

Email:
aucklandensection@gmail.com



Enrolled Nurse Conference 21st - 23rd May 2024

- ▶ Be a part of the wider EN community and feel a sense belonging
- ▶ Share and understand EN workplace struggles
- ▶ Here about a variety of EN jobs throughout NZ
- ▶ Attending presentations give you professional development hours, but you also gain valuable knowledge to take back to your workplace.
- ▶ Sometimes it's the presentations you expect to gain the least from that impacts you the most.
- ▶ If work under Counties Manukau, you can apply for an education fund to help cover costs



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Enrolled Nurse Section
NEW ZEALAND NURSES ORGANISATION

Enrolled Nurse Section

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Conferences and Events

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Upcoming conferences and events

2024 Enrolled Nurse Conference

"Together Towards Tomorrow"

SAVE THE DATE

21st - 23rd May 2024

The Verandah Cafe
Rotorua Drive
Hamilton Lake

Dinner Theme: Down on the Farm

There is some accommodation within walking distance and onsite parking available

[View the full NZNO event and conference calendar](#)

Latest:

[Enrolled Nurse Section webinars](#)
[Provisional Vaccinator Training Course \(PVTC\)](#)
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Evaluation and Feedback

Please take the time to complete the
evaluation forms we value your
feedback 😊